



RETHINK – “Reexamine” Why'd they do that? (problem solving)

2009

Discussion

Ask and Discuss: the group how they would approach each of these problems:

- You're not doing well in your classes and your parents are angry. But your trying your hardest.
- Your friend started dating and now the relationship is getting very physical. Your is confused and can't seem to stop.
- You find out your close friend is experimenting with drugs.
- Your friends mom is diagnosed with cancer and only has a few months to live. They are struggling.

Question: How do you generally handle your problems? Raise hand if: God solves all my problems; or I let everyone else deal with them; or I deal with them alone; or I ignore my problems.

Say: God is willing and wants you to come to Him with all of your problems. Not just the little or big ones, but **all** if we are ready to trust Him.

Challenge: the group (if they are willing) to write down problems they are struggling with. Collect them and **pray** through each one together [keep this anonymous].

Chapel Notes